

| Place | Athlete | Team | Perf | Points | Medal | Records |
|-------|---------|------|------|--------|-------|---------|
|-------|---------|------|------|--------|-------|---------|

Results of all Finals and Heats

Ordered by Item types

Default Basis for Performance Score adjustments: Hand time, Height above sea=0

| Item | Time | Event | Wind |
|----------------|---------------------|---------------------------------|------------------|
| Item 36 | 10:00 | Final Girls 19 100m | Wind=-0.1 |
| 1 | JORDAAN,MARIAH | TUKS | 13.81 7 |
| 2 | MODISANG,KIEGO | TUKS | 13.98 5 |
| 3 | MABOKELA,MELBA | POWER | 14.80 3 |
| 4 | MALOBOLA,MBALENHLE | TUKS | 14.82 2 |
| Item 35 | 09:55 | Final Boys 19 100m | Wind=+0.3 |
| 1 | MOKGATLE,KAMOGELO | TUKS | 11.59 7 |
| 2 | MAKWENA,KEIUMETSE | TUKS | 11.63 5 |
| 3 | MOTLATLA,LESEGO | TUKS | 11.66 3 |
| 4 | LE ROUX,WILLIE | UJ | 11.74 2 |
| 0 | VAN DALEN,WALDIE | TUKS | DNF 0 |
| Item 34 | 09:50 | Final Women 25 100m | Wind=+0.5 |
| 1 | PETERS,CINDY | UJ | 11.95 7 |
| 2 | HERUNGA,TJIPEKAPORO | NAM | 12.12 5 |
| 3 | RAMONYE,RORISANG | PUK | 12.29 3 |
| 4 | MAYOVA,GLOBINE | NAM | 12.34 2 |
| 5 | TJINJOETE,SILBA | NAM | 12.95 1 |
| 6 | RES,JOMARIE | TUKS | 13.54 0 |
| Item 33 | 09:40 | FinalResults Men 25 100m | |
| 1 | MATEBEDI,THABO | TUKS | 10.64 7 |
| 2 | MOENG,LEBOGENG | BAC | 10.67 5 |
| 3 | SEFANYETSO,RAPULA | BAC | 10.68 3 |
| 4 | MASO,BOHA | BAC | 10.73 2 |
| 5 | VD BERG,HEINO | TUKS | 10.90 1 |
| 5 | DE VRIES,RUAN | TUKS | 10.90 1 |
| 7 | KAMAINGONO,MARVIN | NAM | 10.99 0 |
| 8 | TRUTER,PIERRE | TUKS | 11.03 0 |
| 9 | ALERILWE,MARKUS | NAM | 11.04 0 |
| 10 | LUNDULUKENI,JOSEPH | NAM | 11.14 0 |
| 11 | MKHIZE,SNOTHILE | IND | 11.19 0 |
| 12 | BARNES,ANDREW | TUKS | 11.23 0 |
| 13 | BHODOZA,SIBELO | TUKS | 11.31 0 |
| 14 | CRAISHAW,ANDREW | TUKS | 11.37 0 |
| 15 | RAMOKOKA,JACOB | BAC | 11.40 0 |
| 16 | MINYA,SIBULELO | UJ | 11.55 0 |
| 17 | MOIMANE,KOKETSO | BAC | 11.68 0 |
| 18 | HLONGWANE,SILAS | TS | 11.78 0 |
| 18 | NGOBHOZI,FREEDOM | UJ | 11.78 0 |
| 20 | SEKAE,STEPHEN | UJ | 11.87 0 |
| 21 | MASILO,THAPELO | IND | 14.26 0 |
| 0 | MSIPHA,EDWIN | IND | DNF 0 |
| Item 33 | 09:40 | Final 1 of 3 Men 25 100m | Wind=-0.2 |
| 1 | MATEBEDI,THABO | TUKS | 10.64 |
| 2 | SEFANYETSO,RAPULA | BAC | 10.68 |
| 3 | DE VRIES,RUAN | TUKS | 10.90 |
| 4 | BHODOZA,SIBELO | TUKS | 11.31 |
| 5 | RAMOKOKA,JACOB | BAC | 11.40 |
| 6 | NGOBHOZI,FREEDOM | UJ | 11.78 |
| 7 | SEKAE,STEPHEN | UJ | 11.87 |
| 0 | MSIPHA,EDWIN | IND | DNF |
| Item 33 | 09:40 | Final 2 of 3 Men 25 100m | Wind=-0.6 |
| 1 | VD BERG,HEINO | TUKS | 10.90 |
| 2 | KAMAINGONO,MARVIN | NAM | 10.99 |
| 3 | TRUTER,PIERRE | TUKS | 11.03 |
| 4 | ALERILWE,MARKUS | NAM | 11.04 |
| 5 | MKHIZE,SNOTHILE | IND | 11.19 |
| 6 | BARNES,ANDREW | TUKS | 11.23 |
| 7 | CRAISHAW,ANDREW | TUKS | 11.37 |
| 8 | HLONGWANE,SILAS | TS | 11.78 |
| Item 33 | 09:40 | Final 3 of 3 Men 25 100m | Wind=+0.6 |
| 1 | MOENG,LEBOGENG | BAC | 10.67 |
| 2 | MASO,BOHA | BAC | 10.73 |
| 3 | LUNDULUKENI,JOSEPH | NAM | 11.14 |
| 4 | MINYA,SIBULELO | UJ | 11.55 |
| 5 | MOIMANE,KOKETSO | BAC | 11.68 |
| 6 | MASILO,THAPELO | IND | 14.26 |
| Item 56 | 11:15 | Final Girls 19 200m | Wind=+1.1 |
| 1 | MABOKELA,MELBA | POWER | 30.49 7 |

Meeting :AGN LEAGUE 6 at PILDITCH on 2011/03/12

| Place | Athlete | Team | Perf | Points | Medal | Records |
|--|-----------------------|------|------------------|--------|-------|---------|
| 2 | MALOBOLA, MBALENHLE | TUKS | 31.10 | 5 | | |
| 0 | VILJOEN, INGE | TUKS | DNF | 0 | | |
| Item 55 11:05 Final Boys 19 200m | | | Wind=+1.7 | | | |
| 1 | RADEBE, MONGEZI | BAC | 22.33 | 7 | | |
| 2 | MOKGATLE, KAMOGELO | TUKS | 22.75 | 5 | | |
| 3 | MAKWENA, KEIUMETSE | TUKS | 22.92 | 3 | | |
| 3 | HAMMAN, LEROUX | TUKS | 22.92 | 3 | | |
| 5 | MOTLATLA, LESEGO | TUKS | 23.30 | 1 | | |
| 6 | LE ROUX, WILLEM | UJ | 23.58 | 0 | | |
| Item 50 11:00 Final Women 25 200m | | | Wind=+1.6 | | | |
| 1 | PETERS, CINDY | UJ | 23.85 | 7 | | |
| 2 | HERUNGA, TJIPEKAPORO | NAM | 23.93 | 5 | | |
| 3 | MAYOVA, GLOBINE | NAM | 24.36 | 3 | | |
| 4 | RAMONYE, RORISANG | PUK | 24.64 | 2 | | |
| 5 | ROUX, JEANENE | TUKS | 26.98 | 1 | | |
| 6 | MAARTENS, NERINE | TUKS | 27.01 | 0 | | |
| 7 | ROGANS, CARMEN | TUKS | 27.04 | 0 | | |
| Item 49 10:50 Final Results Men 25 200m | | | | | | |
| 1 | MOENG, LEOGENG | BAC | 20.90 | 7 | | |
| 2 | KAANJUKA, HITJIVIRUE | NAM | 21.13 | 5 | | |
| 3 | MATEBEDI, THABO | TUKS | 21.45 | 3 | | |
| 4 | SEFANYETSO, RAPULA | BAC | 21.56 | 2 | | |
| 5 | KARUPU, BASILIUS | NAM | 21.61 | 1 | | |
| 6 | TRUTER, PIERRE | TUKS | 21.67 | 0 | | |
| 7 | FOURIE, LEHANN | TUKS | 21.98 | 0 | | |
| 8 | MOIMANE, KOKETSO | BAC | 22.04 | 0 | | |
| 8 | CHINO GWANYO, WINSTON | UJ | 22.04 | 0 | | |
| 10 | CHAUKE, BAKGHABO | BAC | 22.15 | 0 | | |
| 11 | MKHIZE, SNOTHILE | IND | 22.21 | 0 | | |
| 12 | VD BERG, HEINO | TUKS | 22.37 | 0 | | |
| 13 | MOGOTSI, MAX | UJ | 22.41 | 0 | | |
| 14 | BHODOZA, SIBELO | TUKS | 22.44 | 0 | | |
| 15 | BARNES, ANDREW | TUKS | 22.63 | 0 | | |
| 16 | RAMOKOKA, JACOB | BAC | 22.72 | 0 | | |
| 17 | BEZUIDENHOUT, TIAAN | TUKS | 22.79 | 0 | | |
| 18 | RASMENI, APELELE | UJ | 22.85 | 0 | | |
| 19 | WHINDUS, STJOHN | UJ | 22.88 | 0 | | |
| 20 | VAN VUUREN, RHODWIN | UJ | 23.26 | 0 | | |
| 21 | HLONGWANE, SILAS | TS | 23.85 | 0 | | |
| 22 | NONYANE, JUNIOR | TUKS | 23.89 | 0 | | |
| 23 | NYAMA, THULANI | UJ | 24.79 | 0 | | |
| Item 49 10:50 Final 1 of 3 Men 25 200m | | | Wind=+1.5 | | | |
| 1 | TRUTER, PIERRE | TUKS | 21.67 | | | |
| 2 | FOURIE, LEHANN | TUKS | 21.98 | | | |
| 3 | MOIMANE, KOKETSO | BAC | 22.04 | | | |
| 4 | MKHIZE, SNOTHILE | IND | 22.21 | | | |
| 5 | VD BERG, HEINO | TUKS | 22.37 | | | |
| 6 | RASMENI, APELELE | UJ | 22.85 | | | |
| 7 | HLONGWANE, SILAS | TS | 23.85 | | | |
| 8 | NONYANE, JUNIOR | TUKS | 23.89 | | | |
| Item 49 10:50 Final 2 of 3 Men 25 200m | | | Wind=+1.9 | | | |
| 1 | CHINO GWANYO, WINSTON | UJ | 22.04 | | | |
| 2 | MOGOTSI, MAX | UJ | 22.41 | | | |
| 3 | BHODOZA, SIBELO | TUKS | 22.44 | | | |
| 4 | BARNES, ANDREW | TUKS | 22.63 | | | |
| 5 | BEZUIDENHOUT, TIAAN | TUKS | 22.79 | | | |
| 6 | WHINDUS, STJOHN | UJ | 22.88 | | | |
| 7 | VAN VUUREN, RHODWIN | UJ | 23.26 | | | |
| Item 49 10:50 Final 3 of 3 Men 25 200m | | | Wind=+1.8 | | | |
| 1 | MOENG, LEOGENG | BAC | 20.90 | | | |
| 2 | KAANJUKA, HITJIVIRUE | NAM | 21.13 | | | |
| 3 | MATEBEDI, THABO | TUKS | 21.45 | | | |
| 4 | SEFANYETSO, RAPULA | BAC | 21.56 | | | |
| 5 | KARUPU, BASILIUS | NAM | 21.61 | | | |
| 6 | CHAUKE, BAKGHABO | BAC | 22.15 | | | |
| 7 | RAMOKOKA, JACOB | BAC | 22.72 | | | |
| 8 | NYAMA, THULANI | UJ | 24.79 | | | |
| Item 64 12:20 Final Girls 19 400m | | | | | | |
| Item 63 12:15 Final Boys 19 400m | | | | | | |
| 1 | RADEBE, MONGEZI | BAC | 49.91 | 7 | | |
| 2 | HAMMAN, LEROUX | TUKS | 50.07 | 5 | | |

Meeting :AGN LEAGUE 6 at PILDITCH on 2011/03/12

| Place | Athlete | Team | Perf | Points | Medal | Records |
|---|----------------------|-------|---------|--------|-------|---------|
| 3 | BUCKLEY,TIM | TUKS | 50.94 | 3 | | |
| 4 | POTGIETER,DEWALD | TUKS | 51.34 | 2 | | |
| Item 62 12:10 Final Women 25 400m | | | | | | |
| 1 | SEMENYA,CASTER | TUKS | 53.36 | 7 | | |
| 2 | RAMONYE,RORISANG | PUK | 54.66 | 5 | | |
| 3 | PETERS,CINDY | UJ | 55.85 | 3 | | |
| 4 | BRANDT,MANDIE | UJ | 56.33 | 2 | | |
| 5 | RYENECKE,RONE | BAC | 56.58 | 1 | | |
| 6 | TJINJOETE,SILBA | NAM | 58.24 | 0 | | |
| 7 | MAARTENS,NERINE | TUKS | 60.53 | 0 | | |
| 8 | MABOKERA,MELBA | POWER | 81.27 | 0 | | |
| Item 61 12:05 FinalResults Men 25 400m | | | | | | |
| 1 | NDEBELE,NELTON | TUT | 47.29 | 7 | | |
| 2 | CHINO GWENYA,WINSTON | UJ | 48.33 | 5 | | |
| 3 | LUNDULUKENI,JOSEPH | NAM | 48.40 | 3 | | |
| 4 | BEUKES,HENK | UJ | 48.46 | 2 | | |
| 5 | SMITH,PIETER | TUKS | 48.50 | 1 | | |
| 6 | TRUTER,PIERRE | TUKS | 48.93 | 0 | | |
| 7 | VAN ROOYEN,RHYNARD | TUKS | 49.20 | 0 | | |
| 8 | KHAWASEB,ARMANDIS | NAM | 49.26 | 0 | | |
| 9 | DU TOIT,MICHAEL | UJ | 50.23 | 0 | | |
| 10 | LIPULA,PETRUS | NAM | 50.73 | 0 | | |
| 11 | SWANEPOEL,CLINTON | UJ | 51.05 | 0 | | |
| 12 | OBODOZIE,PRINCE | TUKS | 51.19 | 0 | | |
| 13 | VENTER,HARDUS | TUKS | 51.31 | 0 | | |
| 14 | NUKWA,WELLINGTON | ALB | 51.33 | 0 | | |
| 15 | LEEJW,ANDREW | UJ | 51.91 | 0 | | |
| 16 | MOTALANE,MATOME | TUKS | 52.56 | 0 | | |
| 17 | SEKGE,STEPHEN | UJ | 52.66 | 0 | | |
| 18 | BOOTH,BRIAN | UJ | 52.91 | 0 | | |
| 19 | NONYANE,JUNIOR | TUKS | 53.97 | 0 | | |
| 20 | MYENA,MANDLA | NED | 57.86 | 0 | | |
| Item 61 12:05 Final 1 of 3 Men 25 400m | | | | | | |
| 1 | NDEBELE,NELTON | TUT | 47.29 | | | |
| 2 | LUNDULUKENI,JOSEPH | NAM | 48.40 | | | |
| 3 | BEUKES,HENK | UJ | 48.46 | | | |
| 4 | SMITH,PIETER | TUKS | 48.50 | | | |
| 5 | DU TOIT,MICHAEL | UJ | 50.23 | | | |
| 6 | SWANEPOEL,CLINTON | UJ | 51.05 | | | |
| 7 | OBODOZIE,PRINCE | TUKS | 51.19 | | | |
| 8 | NUKWA,WELLINGTON | ALB | 51.33 | | | |
| Item 61 12:05 Final 2 of 3 Men 25 400m | | | | | | |
| 1 | TRUTER,PIERRE | TUKS | 48.93 | | | |
| 2 | VAN ROOYEN,RHYNARD | TUKS | 49.20 | | | |
| 3 | KHAWASEB,ARMANDIS | NAM | 49.26 | | | |
| 4 | VENTER,HARDUS | TUKS | 51.31 | | | |
| 5 | LEEJW,ANDREW | UJ | 51.91 | | | |
| 6 | SEKGE,STEPHEN | UJ | 52.66 | | | |
| Item 61 12:05 Final 3 of 3 Men 25 400m | | | | | | |
| 1 | CHINO GWENYA,WINSTON | UJ | 48.33 | | | |
| 2 | LIPULA,PETRUS | NAM | 50.73 | | | |
| 3 | MOTALANE,MATOME | TUKS | 52.56 | | | |
| 4 | BOOTH,BRIAN | UJ | 52.91 | | | |
| 5 | NONYANE,JUNIOR | TUKS | 53.97 | | | |
| 6 | MYENA,MANDLA | NED | 57.86 | | | |
| Item 16 09:00 Final Girls 19 800m | | | | | | |
| 1 | MARAIS,STELLA | TUKS | 2:29.81 | 7 | | |
| Item 15 08:50 Final Boys 19 800m | | | | | | |
| 1 | SRAPER,BRENDEN | TUKS | 2:01.79 | 7 | | |
| 2 | MARAIS,KOBUS | UJ | 2:01.80 | 5 | | |
| Item 14 08:40 Final Women 25 800m | | | | | | |
| 1 | VAN ROOYEN,SEANETTE | TUKS | 2:25.42 | 7 | | |
| Item 13 08:30 Final Men 25 800m | | | | | | |
| 1 | KHAWASEB,ARMANDIS | NAM | 1:52.70 | 7 | | |
| 2 | SWANEPOEL,CLINTON | UJ | 1:52.75 | 5 | | |
| 3 | SEDI SE, DONALD | BAC | 1:52.86 | 3 | | |
| 4 | RAS,RIKUS | TUKS | 1:53.59 | 2 | | |
| 5 | KOEKEMOER,MARNUS | TUKS | 1:54.11 | 1 | | |
| 6 | LEEJW,ANDREW | UJ | 1:54.35 | 0 | | |
| 7 | ROODT,ANDREW | TUKS | 1:55.70 | 0 | | |
| 8 | LIPULA,PETRUS | NAM | 1:57.77 | 0 | | |
| 9 | COETZER,RUDOLPH | UJ | 1:58.11 | 0 | | |

Meeting :AGN LEAGUE 6 at PILDITCH on 2011/03/12

| Place | Athlete | Team | Perf | Points | Medal | Records |
|--|--------------------|------|----------|--------|-----------|---------|
| 10 | BOOTH,BRIAN | UJ | 1:59.32 | 0 | | |
| 11 | OHLOFF,ULRICH | TUKS | 2:06.82 | 0 | | |
| 12 | VAN VUUREN,FANIE | IND | 2:11.72 | 0 | | |
| 13 | WOLMARANS,LOUIS | IND | 2:13.96 | 0 | | |
| Item 48 10:40 Final Girls 19 1500m | | | | | | |
| 1 | MARANDELA,CAROLINE | UJ | 4:51.47 | 7 | | |
| 2 | SAAYMAN,LETITIA | TUKS | 4:51.79 | 5 | | |
| 3 | MERRICK,KYLIE | IND | 5:13.37 | 3 | | |
| 0 | DAVIMANI,ASANDA | IND | DNF | 0 | | |
| Item 47 10:35 Final Boys 19 1500m | | | | | | |
| 1 | STEP,ETTIENNE | TUKS | 4:17.54 | 7 | | |
| Item 46 10:25 Final Women 25 1500m | | | | | | |
| 1 | CLAASSENS,ANNIKA | UJ | 4:46.22 | 7 | | |
| 2 | LEITAO,ANGELIQUE | UJ | 5:05.96 | 5 | | |
| Item 45 10:15 Final Men 25 1500m | | | | | | |
| 1 | SLINGER,ALAN | UJ | 3:58.49 | 7 | | |
| 2 | SEDISE,DONALD | BAC | 4:04.02 | 5 | | |
| 3 | NEL,CHARLES | TUKS | 4:04.85 | 3 | | |
| 4 | VAN VUUREN,FANIE | IND | 4:44.41 | 2 | | |
| 0 | SKRYWER,JOHANNES | NAM | DNF | 0 | | |
| Item 11 08:15 Final Girls 19 3000m SteepleChase | | | | | 76.2cm | |
| Item 9 08:00 Final Boys 19 3000m SteepleChase | | | | | 91.4cm | |
| Item 12 08:15 Final Women 25 3000m SteepleChase | | | | | 76.2cm | |
| Item 10 08:00 Final Men 25 3000m SteepleChase | | | | | 91.4cm | |
| 1 | SEME,SIKHUMBUZO | TUKS | 09:02.76 | 7 | | |
| 2 | NGQOLA,STEVE | IND | 09:21.84 | 5 | | |
| 0 | PLATJIES,SIYANDA | IND | DNF | 0 | | |
| 0 | GERBER,DOUGLAS | IND | DNF | 0 | | |
| Item 60 11:55 Final Girls 19 100m Hurdles | | | | | Wind=+0.7 | 84cm |
| 1 | JOUBERT,MINETTE | TUKS | 16.18 | 7 | | |
| 2 | VILJOEN,INGE | TUKS | 16.69 | 5 | | |
| Item 59 11:50 Final Women 25 100m Hurdles | | | | | Wind=+1.3 | 84cm |
| 1 | RES,JOMARIE | TUKS | 17.97 | 7 | | |
| 2 | ETSEBETH,CARINA | TUKS | 19.95 | 5 | | |
| Item 58 11:40 Final Boys 19 110m Hurdles | | | | | Wind=+0.8 | 99.5cm |
| 1 | PRETORIUS,WERNER | TUKS | 14.56 | 7 | | |
| Item 57 11:30 Final Men 25 110m Hurdles | | | | | Wind=+1.6 | 106.7cm |
| 1 | HAMMAN,MUNTINGH | TUKS | 15.33 | 7 | | |
| 0 | SEKAE,STEPHEN | UJ | DNF | 0 | | |
| Item 32 09:25 Final Girls 19 400m Hurdles | | | | | 76.2cm | |
| Item 30 09:05 Final Boys 19 400m Hurdles | | | | | 91.4cm | |
| 1 | DU PLOOY,AJ | NAM | 59.55 | 7 | | |
| Item 31 09:15 Final Women 25 400m Hurdles | | | | | 76.2cm | |
| Item 29 09:00 Final Men 25 400m Hurdles | | | | | 91.4cm | |
| 1 | BEZUIDENHOUT,TIAAN | TUKS | 56.44 | 7 | | |
| 2 | SEKAE,STEPHEN | UJ | 59.34 | 5 | | |
| 3 | NYAMA,THULANI | UJ | 61.96 | 3 | | |
| Item 25 09:00 Final Girls 19 HighJump | | | | | | |
| 1 | VILJOEN,INGE | TUKS | 1.60 | 7 | | |
| 2 | SEELIGER,FRANCES | TUKS | 1.55 | 5 | | |
| Item 53 11:00 Final Boys 19 HighJump | | | | | | |
| Item 26 09:00 Final Women 25 HighJump | | | | | | |
| Item 54 11:00 Final Men 25 HighJump | | | | | | |
| 1 | VOIGT,WILLEM | TUKS | 2.00 | 7 | | |
| 2 | FAURIE,WOUTER | TUKS | 1.95 | 5 | | |
| 3 | ERASMUS,ANDRE | TUKS | 1.85 | 3 | | |
| Item 5 08:00 Final Girls 19 Polevault | | | | | | |

| Place | Athlete | Team | Perf | Points | Medal | Records |
|---|----------------------|------|-------|--------|-------|---------|
| Item 21 09:00 Final Boys 19 Polevault | | | | | | |
| 1 | CELLIERS,MIGAEL | TUKS | 4.55 | 7 | | |
| Item 6 08:00 Final Women 25 Polevault | | | | | | |
| 1 | LABUSCHAGNE,DANIELLE | TUKS | 3.15 | 7 | | |
| Item 22 09:00 Final Men 25 Polevault | | | | | | |
| 1 | RHAME,CHEYNE | UJ | 5.10 | 7 | | |
| 2 | WELDHAGEN,CONRAD | IND | 4.55 | 5 | | |
| 3 | SMIT,HEINRICH | IND | 4.55 | 3 | | |
| Item 41 10:00 Final Girls 19 LongJump | | | | | | |
| 1 | VILJOEN,INGE | TUKS | 5.12 | 7 | | -0.5 |
| 2 | PRINSLOO,LUCHELLE | UJ | 4.90 | 5 | | -0.4 |
| 2 | ROTHMANN,RIEZE | IND | 4.90 | 5 | | +0.6 |
| 4 | PIENAAR,ZAHNE | TUKS | 4.84 | 2 | | -0.1 |
| Item 51 11:00 Final Boys 19 LongJump | | | | | | |
| 1 | LE ROUX,WILLIE | UJ | 6.34 | 7 | | +0.8 |
| Item 42 10:00 Final Women 25 LongJump | | | | | | |
| 1 | DIKOTLA,MATSIE | UJ | 5.48 | 7 | | +0.9 |
| 2 | FOURIE,DANIELLE | UJ | 5.33 | 5 | | +0.2 |
| Item 52 11:00 Final Men 25 LongJump | | | | | | |
| 1 | HAITENGI,ROGER | UJ | 7.01 | 7 | | +0.8 |
| 2 | ALERILWE,MARKUS | NAM | 6.96 | 5 | | +1.4 |
| 3 | MANS,DANIEL | TUKS | 6.48 | 3 | | +0.7 |
| Item 3 08:00 Final Girls 19 TripleJump | | | | | | |
| 1 | PRINSLOO,LUCHELLE | UJ | 12.15 | 7 | | -0.4 |
| Item 27 09:00 Final Boys 19 TripleJump | | | | | | |
| | | | | | | 13m |
| Item 4 08:00 Final Women 25 TripleJump | | | | | | |
| 1 | DIKOTLA,MATSIE | UJ | 12.27 | 7 | | +0.3 |
| 2 | FOURIE,DANIELLE | UJ | 11.50 | 5 | | +0.3 |
| Item 28 09:00 Final Men 25 TripleJump | | | | | | |
| 1 | HAITENGI,ROGER | UJ | 15.83 | 7 | | +0.8 |
| 2 | MATHABELA,MAURICE | TUT | 14.99 | 5 | | +1.7 |
| Item 17 09:00 Final Girls 19 Shotput | | | | | | |
| 1 | SMUTS,SONIA | TUKS | 14.56 | 7 | | 4kg |
| Item 43 10:00 Final Boys 19 Shotput | | | | | | |
| | | | | | | 6kg |
| Item 18 09:00 Final Women 25 Shotput | | | | | | |
| | | | | | | 4kg |
| Item 44 10:00 Final Men 25 Shotput | | | | | | |
| | | | | | | 7.26kg |
| 1 | POTGIETER,ROELIE | TUKS | 18.42 | 7 | | |
| 2 | GROBLER,NICO | TUKS | 17.58 | 5 | | |
| 3 | VAN DYK, AART | TUKS | 12.58 | 3 | | |
| 4 | KRUGER,GERRIT | TUKS | 11.77 | 2 | | |
| 5 | FURSTENBURG,FRED | IND | 09.47 | 1 | | |
| Item 7 08:00 Final Girls 19 Discus | | | | | | |
| | | | | | | 1kg |
| Item 19 09:00 Final Boys 19 Discus | | | | | | |
| 1 | GROBLER,CHARL | TUKS | 53.00 | 7 | | 1.75kg |
| Item 8 08:00 Final Women 25 Discus | | | | | | |
| 1 | NAUDE,ELIZNA | TUKS | 57.45 | 7 | | 1kg |
| 2 | OBERHOLZER,MARYKE | TUKS | 48.47 | 5 | | |
| 3 | SMIT,SONIA | TUKS | 42.94 | 3 | | |
| 4 | DU TOIT,JO-ANNA | TUKS | 40.01 | 2 | | |
| Item 20 09:00 Final Men 25 Discus | | | | | | |
| | | | | | | 2kg |
| 1 | TUCKER,RUSSEL | TUKS | 53.50 | 7 | | |
| 2 | AGGOURAS,NICK | TUKS | 40.05 | 5 | | |
| 3 | VAN DYK, AART | TUKS | 39.41 | 3 | | |
| 4 | VENTER,MARTIN | TUKS | 37.54 | 2 | | |
| Item 37 10:00 Final Girls 19 Hammer | | | | | | |
| | | | | | | 4kg |
| Item 38 10:00 Final Boys 19 Hammer | | | | | | |
| | | | | | | 6kg |
| Item 39 10:00 Final Women 25 Hammer | | | | | | |
| | | | | | | 4kg |

| Place | Athlete | Team | Perf | Points | Medal | Records |
|--|-------------------|------|-------|--------|-------|---------|
| Item 40 10:00 Final Men 25 Hammer | | | | | | 7.26kg |
| 1 | VENTER,MARTIN | TUKS | 50.93 | 7 | | |
| 2 | VAN DYK,A | TUKS | 29.91 | 5 | | |
| Item 1 08:00 Final Girls 19 Javelin | | | | | | 600g |
| Item 23 09:00 Final Boys 19 Javelin | | | | | | 800g |
| Item 2 08:00 Final Women 25 Javelin | | | | | | 600g |
| Item 24 09:00 Final Men 25 Javelin | | | | | | 800g |
| 1 | HUMAN,WILLIE | TUKS | 71.17 | 7 | | |
| 2 | FLOUDIOTIS,ANDREW | TUKS | 63.76 | 5 | | |
| 3 | JACOBS,ALEX | TUKS | 62.76 | 3 | | |
| 4 | KOTZE,JOHAN | IND | 61.58 | 2 | | |
| 5 | VAN DYK, AART | TUKS | 49.09 | 1 | | |
| Item 65 12:30 Final Girls 19 3km Walk | | | | | | |
| Item 66 12:30 Final Boys 19 3km Walk | | | | | | |
| Item 67 12:30 Final Women 25 3km Walk | | | | | | |
| Item 68 12:30 Final Men 25 3km Walk | | | | | | |